



PaintME resource sheet



Getting started



Shopping list:

Water soluble, hypoallergenic paints*

Baby wipes*

Eye liner pencils

Makeup or paint brushes*

Water spray, paint pots or plastic cups*

Makeup sponges

Mirrors (hand held or floor length)

Paper towel*



If using UV:

UV paints

UV crayons

UV lights (large or hand held)



(Essential*)

Supplies can be purchased online or in art stores.

Makeup brushes work best but can be cheap versions.

Spraying water makes normal body painter easier to apply and gives better colour saturation.

